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Join Shea's Centennial Slow Roll on May 5

Slow Roll Buffalo Monday Community Rides Kicks-Off With a Celebration of Buffalo Theatre

Take part in [Slow Roll Buffalo](#)'s first Monday Night Community Ride of 2025 pedaling-off from **Shea's Buffalo Theatre on Monday, May 5 at 6:30PM**. The ride, a collaboration between Shea's Performing Arts Center and Slow Roll Buffalo, celebrates theatre in Buffalo including the upcoming 100th anniversary of Shea's Buffalo Theatre.

Slow Roll Buffalo's Monday Night Community Rides connect communities through guided rides for bicyclists of all ages and skill levels, with a slow pace and volunteer squad that keeps riders safe and social. Participants are invited to meet at Shea's Buffalo Theatre, 646 Main Street in Buffalo, at 6:00PM with the ride beginning at 6:30PM.

The route, which covers 10 miles at a slow pace with stops along the way, was coordinated to take riders past many of Buffalo's local theatres. This ride ends at Shea's Buffalo Theatre for an afterparty featuring food, drinks, entertainment by the IOT Band, and information about Western New York theatres.

This event is free. Register at: www.slowrollbuffalo.org/register. Don't miss this opportunity to get outside and roll into the spring season at Shea's Centennial Slow Roll on May 5.

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Monday Night Graphic: [Slow Roll.jpg](#)